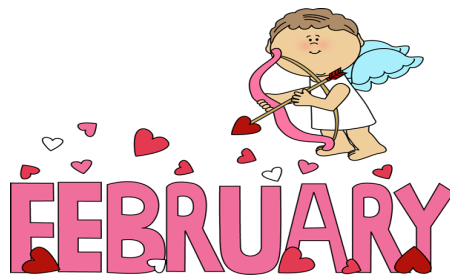


Menu Subject to Availability

1% or Skim milk served with each meal

Milk = \$.20 / Juice = \$.30



2024

CENTER FOR SPECTRUM SERVICES

KINGSTON Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Baked Ziti, bread, salad, fruit, milk	2 Chicken patty, Pasta salad, salad, fruit, milk	3
	5 Pasta & meat sauce, bread, corn, fruit, milk	6 Fish sticks, rice, beans, salad, fruit, milk	7 Hamburger on a roll, fries, pasta salad, carrots, milk	8 Turkey & cheese sandwich, 3 bean salad, salad, fruit, milk	9 Pizza, salad, peppers, fruit, milk	10
11	12 Beef & macaroni, bread, green beans, fruit, milk	13 Chicken Burrito, rice, beans, salad, fruit, milk	14 Hot Ham & cheese, salad, carrots, fruit, milk 	15 Taco salad, corn, salad, fruit, milk	16 Chicken nuggets, fries, salad, peppers, milk	
	19 SCHOOL CLOSED For PRESIDENT'S DAY	20 Sloppy joe on a bun, carrots, fruit, salad, milk	21 Fish on a bun, beans, salad, fruit, milk	22 Cheese ravioli, bread, green beans, fruit, milk	23 Pizza, salad, peppers, fruit, milk	
25	26 Grilled cheese bean salad, corn, fruit, milk	27 Beef burrito, rice, beans, salad, fruit, milk	28 Fish sticks, carrots, salad, fruit, milk	29 Baked ziti, green beans, salad, fruit, milk		