

Menu Subject to Availability  
 -1% or Skim milk served with each meal  
 -All rolls, rice, burritos, bread, tortillas are multi grain or whole grain.  
 -Menu substitutions available for children with physician authorized special diets, as well as PB&J, cheese & PB sandwich.



CENTER FOR SPECTRUM SERVICES  
**ELLENVILLE**  
 LUNCH MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Spaghetti with meatballs, carrots, biscuit, apples, milk	2 Turkey sausages, French Toast, strawberries, milk	3
	5 Dino nuggets, sweet peas, fries, blueberries, milk	6 Hamburger / Cheeseburger, steak fries, carrots, melon, milk	7 Brown rice, beef stew, corn, oranges, milk	8 Turkey & cheese wraps, cauliflower, tater tots, applesauce, milk	9 Cauliflower pizza, broccoli, apples, milk	10
11	12 Ham & cheese wraps, tater tots, cut green beans, cant-	13 Chicken noodle soup, grilled cheese sandwich, fruit, milk	14 Stir fried chicken over brown rice, carrots, apple, milk	15 Sloppy Joe, steak fries, sweet peas, melon, milk	16 Pepper & Onion Omelet, orange, milk	17
	<b>19</b> <b>School Closed</b> <b>For</b> <b>President's Day</b>	20 Baked turkey, sweet yams, cut green beans, cranberry sauce, milk	21 Pasta salad, chicken cutlet, sweet peas, orange, milk	22 BBQ chicken, rice & beans, veggies, fruit, milk	23 Cauliflower pizza, broccoli, apple, milk	24
25	26 G F Chicken strips, tater tots, peas, fruit, milk	27 Cheese quesadilla, carrots, fries, Applesauce, milk	28 Chicken patties, Mac and cheese, cut green beans, fruit, milk	29 Veggie Lasagna, meatballs, broccoli, fruit, milk		