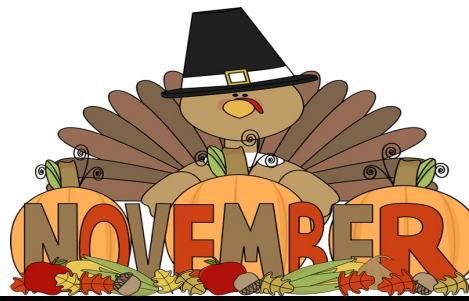


Menu Subject to Availability

1% or Skim milk served with each meal



Milk = \$.20 / Juice = \$.30



2020

CENTER FOR SPECTRUM SERVICES

KINGSTON Lunch Menu

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1	2 Sloppy Joe on a bun, corn, salad, fruit, milk	3 Baked stuffed shells, bread, salad, carrots, fruit,	4 REMOTE	5 Beef burrito, rice beans, carrots, fruit, milk	6 Chicken patty, salad, peppers, fruit, milk	7
8	9 Beef burrito, rice beans, carrots, fruit, milk	10 Chicken patty, salad, peppers, fruit, milk	11 	12 Sloppy Joe on a bun, corn, salad, fruit, milk	13 Baked stuffed shells, bread, salad, carrots, fruit,	14
15	16 Roast Chicken, rice, carrots, salad, fruit, milk	17 Baked ziti, bread, corn, salad, fruit, milk	18 REMOTE	19 Chicken nuggets, fries, salad, carrots, fruit, milk	20 Multigrain pizza, salad, pepper strips, fruit, milk	21
22	23 Multigrain pizza, salad, pepper strips, fruit, milk	24 Chicken Nuggets, fries, salad, carrots, fruit, milk	25 SCHOOL CLOSED			
29	30 Grilled cheese sandwich, salad, steamed carrots, fruit, milk					