

Menu Subject to Availability

1% or Skim milk served with each meal

Milk = \$.20 / Juice = \$.30



2018

CENTER FOR SPECTRUM SERVICES

KINGSTON Lunch Menu

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>	
2	3 Pasta & meat sauce, bread, green beans, salad, milk	4 Fish Sticks, salad, baked beans, pepper strips, milk	5 Cheese Ravioli, bread, salad, carrots, fruit, milk	6 Grilled cheese sandwiches, chips, salad, fruit, milk	7 Chicken patty salad, corn, fruit, milk	8	
9	10 Beef & macaroni, bread, sliced carrots, salad, milk	11 Fish on a bun, salad, baked beans, fruit, milk	12 Taco salad, chips, rice, corn fruit, milk	13 Turkey/cheese sandwiches, chips, salad, pepper strips, milk	14 Multigrain pizza, salad, pepper strips, fruit, milk	15	
16	17 Sloppy Joe on a bun, corn, salad, fruit, milk	18 Chicken buritto, rice, baked beans, fruit, milk	19 Baked Ziti, bread, green beans, salad, milk	20 Roast turkey, yams, salad, corn, milk	21 Chicken nuggets, fries, salad, pepper strips, milk	22	
23 <i>Winter Recess 12/24/18 thru 1/1/19</i>	24	25	26	27	28	29	
30	31					<p><i>School reopens January 2, 2019</i></p>	