

Menu Subject to Availability
 -1% or Skim milk served with each meal
 -All rolls, rice, burritos, bread, tortillas are multi grain or whole grain.
 -Menu substitutions available for children with physician authorized special diets, as well as PB&J, cheese & PB sandwich.



2018

CENTER FOR SPECTRUM SERVICES
ELLENVILLE
LUNCH MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 Chicken rice soup , grilled cheese sandwiches, fruit, milk	4 Whole wheat pizza, broccoli, fruit, milk	5 Beef Stew, brown rice, veggies, fruit, milk	6 Sloppy Joe Sandwiches, veggies, potatoes, fruit, milk	7 BBQ Chicken, tater tots, veggies, fruit, milk	8
9	10 Chicken Cutlet, pasta, veggies, fruit, milk	11 Bone Pork Chops, Gravy, rice with veggies, fruit, milk	12 Tomato Soup, grilled cheese sandwiches, fruit, milk	13 Hamburger or chesseburger, tater tots, veggies, fruit, milk	14 Chicken stir-fry with pasta, veggies, fruit, milk	15
16	17 PBJ or Cheese sandwiches, tater tots, veggies, fruit, milk	18 GF Chicken strips, rice w/ veggies, fruit, milk	19 Spaghetti with meat sauce, veggies, biscuit, fruit, milk	20 Whole wheat pizza, broccoli, fruit, milk	21 Chicken Noodle soup, grilled cheese sandwiches, fruit, milk	22
23 Winter Recess 12/24/18 thru 1/1/19	24	25	26	27	28	29
30	31					School reopens 1/2/2019