
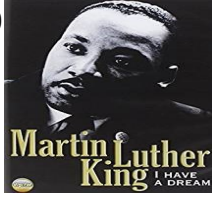


Menu Subject to Availability
 -1% or Skim milk served with each meal
 -All rolls, rice, burritos, bread, tortillas are multi grain or whole grain.
 -Menu substitutions available for children with physician authorized special diets, as well as PB&J, cheese & PB sandwich.



CENTER FOR SPECTRUM SERVICES
ELLENVILLE
 LUNCH MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2 Chicken Noodle soup, grilled cheese sandwiches , fruit,	3 Boneless Port chop, brown rice, veggies, fruit, milk	4 Whole Wheat pizza, broccoli, fruit, milk	5
6	7 Chicken Cutlet, Bow Tie Pasta, Veggies, Fruit, milk	8 Sloppy Joe on brown rice, veggies, fruit, milk	9 Rice & Beans, BBQ Chicken, veggies, fruit, milk	10 Spaghetti sauce, meat, veggies, biscuit, fruit, milk	11 GF Chicken, tater tots, veggies, fruit, milk	12
13	14 Baked ziti, veggies, biscuit, fruit, milk	15 Whole wheat pizza, broccoli, fruit, milk	16 Tomato soup, Grilled cheese sandwiches, fruit, milk	17 Cheese & Chicken wraps, veggies, fruit, milk	18 Turkey & Gravy sweet, tater tots, veggies, fruit , milk	19
20 	21 NO School in observance of M L K Birthday	22 Chicken rice soup, grilled cheese sandwiches, fruit, milk	23 Beef stew, veggies, brown rice, fruit,milk	24 Fish, veggies, fruit, tater tots, milk	25 Whole wheat pizza, broccoli, fruit, milk	26
27	28 GF Chicken strips, veggies, olive oil bow tie pasta, fruit, milk	29 Hamburger or cheeseburger, tater tots, veggies, fruit, milk	30 11:30 Early Dismissal No –Lunch Served Staff Development	